

How do Hindus initiate new members?

Learning objective: To find out about the Hindu "Sacred Thread" ceremony.



The Hindu "Sacred Thread" ceremony

Everybody has a **physical** birth but Hindus believe that when people grow up they need to have a **spiritual** second birth.

Hindus going through the Sacred Thread ceremony take a **guru** (spiritual teacher) as a new, spiritual father and the **Vedas** (Hindu holy book) as their spiritual mother.



Sacred Thread ceremony

- Shaving, bathing, new clothes
- Sacred thread over left shoulder
- Mantra - special prayer
- New spiritual name
- Wrapping of thread around thumb to pray
- Vows of celibacy and to study the Vedas
- Gifts to the new teacher

3 sentences...

1. The sacred thread ceremony is about...
2. During the ceremony they...
3. The janoi (sacred thread) is a symbol of...



Homework:

Talk to a married couple you know and ask them what they think marriage is all about. Write down their answer.

Remember: You can look on the blog for more information!

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